

Active for Life: GAG Final-Game

Small-Sided-Game:

8v8 Game – Passing & Support Theme #2.

20-30 minutes

Organization:

- Two teams of 8 including the GKs
- Playing field of 70x44m.
- Off-side in effect at the halfway line.
- One goal at each end.
- Soccer balls in the goals and with coach.
- Play starts with the GK.



Coaching Points:

- Accurate passes with good ball speed.
- Open your body to the play when receiving a pass.
- Support in triangles – wide and deep.
- Distance, angle & Timing of support.
- Be composed and keep the ball moving.

Description:

1. The game begins when the GK rolls the ball out to one of the red players. The reds then inter-pass in an effort to create scoring opportunities. The white team must try and win the ball so that they can attack and score on the reds in the same manner. Normal rules of soccer apply
2. **Condition:** Players are limited to a maximum of 2 touches before passing or shooting, which support must come quickly if the team is to retain the ball. It also encourages quicker but composed ball movement as players cannot keep the ball for too long.
3. **Progression:** For the last 5-10 minutes remove the Condition.

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