

*Water Breaks – excerpt from the Dragons handbook*

**Water Breaks**

Extremely hot weather may necessitate the game being stopped for water breaks in each half of the game. Only one coach has to ask for a water break. This is to be discussed and agreed upon prior to the game and will be administered by the referee with the break called approximately half way through each half. The referee will add time to the half in which the water break(s) occurs.